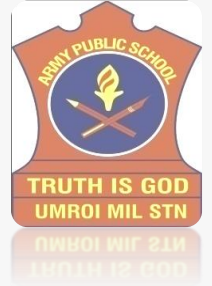


ARMY PUBLIC SCHOOL, UMROI MIL STATION



HEALTH AND WELLNESS

An initiative under Ayushman Bharat of the Ministry of Health and Family Welfare, Govt of India is being implemented in the school. Under Health and Wellness Programme, two Teachers Ambassadors and Two Students Ambassadors are selected to disseminate and gather information related to Health and Well-Being. Every week i.e., on Thursday, health related activities are conducted in the form of discussion such as growing up healthy, body changes during adolescence, concept of gender equality, nutrition and sanitation role-plays, prioritize social and emotional learning etc.



AMBASSADOR:- Jeetu Bagdas



