



## **ARMY PUBLIC SCHOOL, UMROI MIL STATION**



### **SUGGESTED ACTION PLAN FOR SWACHHTA PAKHWADA (1<sup>st</sup>-15<sup>th</sup> SEPTEMBER, 2023) 11.09.2023 (MONDAY)**

#### **“PERSONAL HYGIENE DAY”**

APS UMROI enters the 11<sup>th</sup> day of Swachhta Pakhwada Campaign. On this day teachers incharge i.e., Jeetu Bagdas and Baiaineh Kharumlong went on an inspection of the students to ensure whether Personal Hygiene and Cleanliness were maintained by each and every student. Students were told about the need to keep hair and nails clean by keeping them regularly trimmed. The importance of morning bath, hand wash after toilet and before eating food were also highlighted. Students were made aware that brushing of teeth twice a day should be made a routine habit.





**INSPECTION OF THE STUDENTS ON PERSONAL HYGIENE**